PlantFuel Announces Proposed Debt Settlement

Mississauga, Ontario – Newswire – February 7, 2023 – PlantFuel Life Inc. (CSE:FUEL) (OTC:PLFLF) (FSE:BR1B) ("PlantFuel" or the "Company") the scientifically focused plant-based wellness company, announces that it intends to issue 833,333 common shares (each a "Share") at a deemed price of \$0.09 per Share to settle \$75,000 in debt owing to a creditor (the "Debt Settlement") for past consulting services provided to the Company.

All securities issued pursuant to the Debt Settlement will be subject to a mandatory 4 month hold period.

About PlantFuel Life Inc.

PlantFuel Life Inc is a scientifically focused, plant-based wellness company managed by successful entrepreneurs with extensive experience in the areas of consumer-packaged goods, manufacturing, logistics, and distribution. https://plantfuellife.com/

ON BEHALF OF THE BOARD

Brad Pyatt CEO

The Canadian Securities Exchange ("CSE") has neither approved nor disapproved the contents of this news release. Neither the CSE nor its Market Regulator (as that term is defined in the policies of the CSE) accepts responsibility for the adequacy or accuracy of this release.

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